



## **Barnesville Hospital**

### **Quality Caring**

#### **Instruction for Collection of Semen for Post-Vasectomy Analysis**

1. Abstain from sexual intercourse (or ejaculation) for a 3-day period prior to the scheduled specimen collection.
2. Ideally, the specimen should be collected by masturbation; however, if masturbation as a method of specimen collection is not acceptable, coitus interruptus can be used to collect the specimen. It is very important that the specimen NOT be collected into a condom, as many condoms contain a sperm-immobilizing agent, which will render the analysis invalid.
3. Whatever collection method is selected, collect the specimen into the container that was provided to you, write the time of collection and your name on the label and give the closed specimen container to the laboratory secretary.
4. Protect the specimen from temperature extremes and direct light. Please note that it is VERY important that it be delivered to the lab within \*30 minutes of collection.

\*Call the laboratory at (740)425-5105 if this isn't possible.